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學校願景 Our Vision

我們秉持有教無類的精神,相信每位學生都是獨特的、具可塑性的,若能加以啟發,必能發揮潛能,有所成就。

我們以愛為本,致力建構一個和諧關愛的校園,培育學生正確的價值觀和積極的 人生觀,使之成為律己愛人、服務社會的良好公民。

此外,面對瞬息萬變、科技發展日新月異的時代,我們努力為學生完善校內的設施,為他們提供自主的學習機會,同時透過不同的學習經歷,讓學生在良好的學習環境及和諧共融的氣氛中愉快學習,擴濶視野。願我們的學生敢於迎接挑戰,勇於擁抱未來。

At Mui Wo School, we believe in providing education for all children without discrimination and teaching them according to their abilities. We focus on inspiring our students to develop their potential and achieve success in life.



Love is the foundation of to providing a caring campus, where students can cultivate positive values and a positive outlook on life, turning them into good, self-disciplined citizens who love others and serve society.

In the face of the ever-changing modern world and rapid technological development, we continually strive to upgrade the facilities on our campus to provide students with various learning opportunities. Through diverse learning experiences, we allow our pupils to work and grow in a harmonious environment.

辦學宗旨 School Mission

為本區適齡學童提供愉快的學習環境,培養主動追求並貫徹終身的學習態度,發展潛能,培育高尚情操,以達「至知至善」。

- To provide a rich learning environment for primary school children of the district, to cultivate a thirst for learning and to develop a lifelong learning attitude
- To develop our students' potential and cultivate noble sentiments.



學校背景 School Background



梅窩學校創辦於一九三九年,距今八十多寒暑,歷史悠久,一直為梅窩莘莘學子奉獻。 我們是一幢平房式的村校,被群山綠樹擁抱,座落在蓮花山的山腳下。在大自然的庇 蔭下,綠色似乎成了學校的標誌,校徽梅花的線條是綠色的,孩子的校服是綠色的, 校舍裡裡外外充滿住大自然的氣息。

Established in 1939, Mui Wo School have a long history of dedication to the students of Mui Wo and Lantau Island. It is a bungalow-style village school, embraced by mountains and greenery; located at the foot of Lin Fa Shan Peak. Its campus is entwined in pure nature. Since our school is surrounded by marshes, our emblem, plum blossoms, and uniforms are green.



校訓 School Motto

至知至善

To acquire primary academic education and develop virtues of responsibility and open-mindedness to lead our country into a bright future



學校設施 School Facilities

佔地面積大約 3,500 平方米,擁有六間課室、一個操場、電腦室、音樂室 / 圖書館、抽離式小組學習課室

About 3500 Sq. M. Six classrooms, the playground, the computer room, the library /music room and the remedial classroom a for small group teaching





學校關注事項 School Aims

- 1. 透過多元化的教學策略及學習經歷,提升學與教效能。
- 2. 展現正向校園文化,加強價值觀教育。
- 1. To enhance teaching and learning effectiveness through diversified instructional strategies and learning experiences.
- 2. To foster a positive campus culture and reinforce values education.

2024-2025 班級結構 Class Structure

	P.1	P.2	P.3	P.4	P.5	P.6	總數 /Total
班級 /Class	1	1	1	1	1	1	6

教師資歷 Teachers'Qualifications

Diploma in Education

100%



Bachelor Degree

Master / Doctorate Degree or above

28%

課程特色一教與學 Teaching and Learning



強化兩文三語語文能力

Enhancing Trilingual Language Proficiency

鼓勵大量閱讀中文圖書、英語閱讀計劃、多元化普通話活動 Encouraging extensive reading of Chinese books, English reading programs, Diversified Mandarin language activities.

02

發展九種共通能力、高層次思維

Developing Nine Common Competencies

各科分組活動、校本電腦課程、STEAM 課程、高階思維策略訓練 Higher-order Thinking,Subject-based Group Activities, School-based Computer Courses, STEAM Courses, Advanced Thinking Strategies Training.



照顧學習多樣性、啟發潛能

Catering to Learning Diversity, Unleashing Potentia

抽離學習、課程調適、學習支援、資優培訓 Flexible Learning, Curriculum Adaptation, Learning Support, Gifted Education Training.



多元化活動

Diversified Activities

科探實作、跨科學習、電子學習、STEAM 活動日、閱讀日、各類比賽 Hands-on Science Experiments, Cross-disciplinary Learning, E-Learning, STEAM Activity Days, Reading Days,Various Competitions.



全方位學習

Holistic Learning

聯課活動、戶外學習、專題研習、參觀活動、講座 Interdisciplinary activities, Outdoor Learning, Project-based Studies, Field Trips, Lectures.



公民德育

Civic Education

周會、升旗、講座、校服儀容理想班別比賽、班級清潔比賽、 領袖生及學生大使訓練、公民德育課、服務團體 Weekly assemblies, flag-raising ceremonies, lectures Ideal class competition for school uniform and grooming, Class cleanliness competition Leadership training for student leaders and ambassadors, Civic education classes, service groups

學生輔導

Student Counseling

全方位學生輔導服務「尊重友愛 拒絕欺凌」校本輔導活動「愛・生命」校園大使「Superkids」校本獎勵計劃 Comprehensive student counseling services "Respect and Friendship, Reject Bullying" school-based counseling activities "Love Life" campus ambassadors "Superkids" school-based reward program

資優課程 Gifted Programme

本校舉辦校內培訓課程為資優學生開辦不同形式的學術資優班,加強及提升學生的高階及創意思維能力外。本校亦設立體藝校隊培訓,讓學生透過參與各種表演及代表學校參加比賽,進一步提升學生的自信心,讓他們發揮潛能。

幼小銜接 Trasntion from Kindergarden to Primary School

本校每年8月份舉行小一家長會,向小一新生家長簡介學校的發展,讓學生為升小做好準備,每年11月安排與小一家長交流,講解學校資訊及評估策略。小一實行雙班主任制、大天使計劃等,加強照顧學生,幫助小一生適應小學生活。

Our school offers various forms of training programs for gifted students, such as academic enrichment classes, aimed at enhancing students' advanced and creative thinking abilities. Additionally, we have established a performing arts school team training program, allowing students to boost their confidence through various performances and representing the school in competitions, thus enabling them to unleash their potential.

運用資訊科技進行互動學習

Information Technology for Interactive Learning

為配合時代步伐、推動 STEM教育和運用資訊科技進行 互動學習,本校積極推行電子 學習。

In order to keep pace with the times, the school promotes STEM education and the use of information technology for interactive learning. It actively promotes and teaches eLearning





一至六年級及加輔室安裝電子白板或黑板以輔助教學

P.1 to P.6 classrooms and the remedial classroom were equipped with electronic whiteboards or blackboards.



兩塊電子屏幕

Two LED screens were installed on the campus to promote latest news and serve as information source during morning assemblies and recesses.



全校 108 部平板電腦供學生使用

There are 108 tablets available for students to use throughout the school.



互動多媒體機 Interactive Kiosk





國民教育及價值觀教育

National Education and Values Education

學校透過早會分享、外出參觀、正規課程、公民德育課、分組活動、親子活動、話劇、全校性校本獎勵計劃及閱讀等,培養學生十二個首要培育的價值觀和態度:「堅毅」、「尊重他人」、「責任感」、「國民身份認同」、「承擔精神」、「誠信」、「仁愛」、「守法」、「同理心」、「勤勞」、「團結」和「孝親」,讓學生明辨是非,成為良好公民,回饋社會。

除了向學生灌輸正確的價值觀和態度,學校亦設立升旗隊,並舉辦中華文 化日、參加國慶日、國家憲法日問答比賽等訓練、比賽或活動,讓學生進一步 認識中華文化及傳統,從而深化他們對國家的觀念和國民身份的認同。

Through morning assemblies, field trips, formal curriculum, civic education classes, group activities, parent-child events, drama, school-wide

incentive programs, and reading activities, etc., we aim at nurturing in our students the twelve priority values and attitudes: "Perseverance", "Respect for Others", "Responsibility", "National Identity", "Commitment", "Integrity", "Benevolence", "Law-abidingness", "Empathy", "Diligence", "Unity" and "Filial Piety", enabling them to distinguish right from wrong, to become good citizens and to make contribution to society.

Apart from instilling positive values and attitudes in the students, by establishing our Flag-raising Team, organizing Chinese Culture Day, as well as participating in the National Day and National Constitution Day Quiz Competition and related activities, we help them further understand Chinese culture and traditions. We strengthen their patriotism and national identity.





中華文化日 Chinese Culture Day



「中秋慶團圓」花燈晚會 Visit Basic Law Library Mid-Autumn Festival



參觀基本法圖書館 Visit Basic Law Library

姊妹學校交流學校計劃 Sister School Scheme



為擴展學生視野和學習經歷,學校舉辦了「廣州增城姊妹學校交流及科技探索」境外交流活動,讓學生探訪與本校締結為姊妹學校的「廣州市增城區華商外語實驗學校」,並參觀及考察當地各大科技館及博物館,認識內地科技教育的發展,加深學生對內地的了解,增加學生對國家的歸屬感及國民身份的認同。

To broaden students' horizons and learning experiences, our school organized an overseas exchange activity titled "Guangzhou Zengcheng Sister School Exchange and Technology Study Tour." This program allowed students to visit the sister school in Zengcheng, Guangzhou, and explore various technology museums and centres in the area. The aim is to enhance students' understanding of technological education in mainland China and foster a sense of national identity and belonging.





跨學科課程及 STEAM 活動

Cross-Curricular and STEAM Activities

本校着重推行跨學科學習活動,如聯課活動、一至六年級跨科活動(太空館、科學園、香港公園等)、STEAM課堂等,藉以培養學生綜合運用從不同學科所學得的知識、技能,並連繫生活認知,在多元化的學習經歷中再建構知識,使他們具備廣闊的知識基礎,持續發展學習能力,培養積極的學習態度。

Our school curriculum focuses on implementing interdisciplinary learning activities, such as co-curricular activities, interdisciplinary activities for grades one to six (Space Museum, Science Park, Hong Kong Park, etc.), STEAM classrooms, etc., in order to cultivate students' comprehensive application of knowledge and skills learned from different subjects, and combine them with life cognition to reconstruct knowledge in diversified learning experiences, so that they have a broad knowledge base, continue to develop learning abilities, and cultivate a positive learning attitude.



非華語學習

Supporting Non-Chinese Speaking Students

每級中文科推行小班小組學習,編寫校本課程,讓非華語生能因應 能力學習適合程度的課程,協助他們更有效地學習中文;

為了增加非華語生閱讀中文圖書的機會及提升中文能力,本科每週 推行伴讀計劃、周末中文圖書閱讀計劃;舉辦課後功課班及星期六非華 語中文班。

In each grade, the Chinese language department implements small group learning, develops school-based curriculum to allow non-Chinese-speaking students to learn at an appropriate level based on their abilities, to assist them in learning Chinese more effectively.

To increase opportunities for non-Chinese-speaking students to read Chinese books and enhance their Chinese language skills, the school implements a weekly buddy reading program, a weekend Chinese book reading program, holds after-school homework classes, and offers Saturday non-Chinese language Chinese classes.



支援學習組

Supporting Educational Team



本校致力建立共融文化,以「全校參與」模式支援有特殊教育需要的學生;透過資源調配, 為學生提供適切和多元化的支援服務,以提升學生的學習效能及協助他們融入校園生活。

支援小組活動包括:抽離學習小組、教育局教育心理學家駐校服務、言語治療師定期言語治療訓練、專注力訓練班、情緒處理及控制訓練班、社交技巧訓練班、執行功能訓練班、 各科基礎學習班和各種共融文化活動、家長管教工作坊等。

Our school is dedicated to fostering an inclusive culture by supporting students with special educational needs through a "whole-school approach." By deploying resources effectively, we provide students with appropriate and diverse support services to enhance their learning effectiveness and help them integrate into campus life.

Activities of the support groups include:

- withdrawal learning groups, EDB in-school Education Bureau psychologist services
- speech therapy sessions,
 attention training classes,
- emotional processing and control training classes,
- social skills training classes, learning classes in various subjects,
- cultural activities and parental discipline workshops

小一生活體驗日 Primary One Bridging Course

為讓幼稚園生體驗小學校園生活,本校邀請了區內幼稚園到校,進行不同類型的活動,例如參觀校園、課堂體驗、 跨學科遊戲和 STEAM 活動等

To provide kindergarten students with a glimpse of elementary school campus life, our school have extended invitations to local kindergartens to participate in various activities, such as campus tours, classroom experiences, interdisciplinary games, and STEAM days.





訓育和輔導

Discipline and Counseling Department

本校訓育工作主要目標是培養學生律己律人、提升 自尊感,且建立正確積極的價值觀及人生觀。本年度, 訓導組舉行自律班級比賽、每月之星及全校清潔日,培 養自律精神,各班學生也能獲獎!另外,透過舉辦訓育 講座,進行預防性的教育工作。

The primary objective of the discipline work at our school is to cultivate students' self-discipline, enhance their self-esteem, and foster the development of correct and positive values and perspectives on life.

This academic year, the discipline and counseling department organized a Self-discipline Class competition and Star of the Students, and a school-wide cleaning day Additionally, preventive educational efforts are carried out through organizing discipline seminars.





輔導組於本輔導土題包括「正向校園」「利證校園」和「『抗』大能量·『逆』風而上·『力』可從心」「感思珍惜·積極樂觀」「尊重友愛 拒絕欺凌」 駐校社工亦為有需要的學生提供個人輔導服務,以面對成長路上的各項挑戰。

訓導組與輔導組緊密合作,協助老師處理課室秩序 及學生紀律問題,及早識別學生的問題,為老師和學生 提供適切的支援。

The counseling department's school-based counseling themesencompass "Positive Campus," "Harmonious Campus," and "Resilience:Overcoming Challenges, Gratitude, Optimism, Respect, Rejecting Bullying." The resident social worker also provides personal counseling services for students in need to help them navigate the challenges on their journey of growth.

The discipline and counseling departments collaborate closely toassist teachers in managing classroom order and student discipline issues, identifying student problems early, andproviding appropriate support for both teachers and students.



校友會 Alumni Association

校友會由一班熱心的校友於 2007 年成立。成立的宗旨是維繫及加強校友與母校的聯繫,作為母校與校友之間的溝通橋梁,並協助母校發展校務。一直以來,校友會積極籌辦活動,如校友校董選舉、幹事會選舉及就職典禮、周年聚餐、籌款活動、茶聚、遠足等,讓昔日師友歡聚。校友會亦踴躍積極參與母校大型活動,如協助籌辦母校周年校慶活動、畢業典禮、校園修樹、堆填沙池等。校友會向各位學弟學妹贈送聖誕禮物,贊助母校聖誕聯歡會抽獎禮物;也大力支持學弟學妹學習,設立校友會獎學金,每年獎勵學弟學妹對外參加比賽、卓越服務獎、學科成績優異獎,今年獎學金高達,21250 元。

Established in 2007 by a group of dedicated alumni, the Alumni Association aims to maintain and strengthen the connection between alumni and the alma mater, serving as a communication bridge between the school and its former students, and assisting in the development of school affairs. Over the years, the Alumni Association has actively organized various events such as alumni board elections, committee elections and inauguration ceremonies, annual gatherings, fundraising activities, tea gatherings, hikes, and more, fostering reunions among past teachers and friends.

The Alumni Association also enthusiastically participates in large-scale school events, assisting in organizing the school's annual celebrations, graduation ceremonies, campus greening projects, and sandbox filling, among others. The Alumni Association gave Christmas gifts to all students and sponsored the raffle prizes for the Christmas party. Moreover, the Alumni Association strongly supports younger students in their studies, annually establishing alumni scholarships to reward outstanding achievements in external competitions, excellent service, and academic excellence, with this year's scholarship totaling \$21250.









家長教師會 Parent Teacher Association

家長教師會自 1997 年成立,旨在促進學校與家庭之間的聯繫及溝通,建立彼此間的友好關係;並希望透過家教會, 讓家校緊密合作,共同促進學生在學習和身心各方面健康成長。我們籌辦了多元化活動,包括:家長講座、親子電影欣賞 活動、親子旅行、家長教育課程等。

Established in 1997, the Parent-Teacher Association aims to foster connections and communication between the school and families, establishing friendly relationships between them. Through the PTA, we aim to facilitate close collaboration between home and school to collectively promote students' holistic growth in their academic, physical, and emotional well-being. We organize a variety of activities, including parent seminars, parent-child film show, family trips, and parent education courses.











課外活動 Extracurricular Activities

學術 Academic

- 朗誦訓練 Speech training for recitation
- 英語訓練小組 Smartkids
- 布偶學英語 puppetry
- 數學精進班 Mathematics Advance Class
- 升中面試班 Secondary School Interview Preparation



肢體動覺 Bodily Kinesthetic

- 田徑 Athletics Training
- 單輪單車 Unicycling
- 足球 Football Training Class
- 花式跳繩 Rope Skipping
- 爵士舞 Jazz Dancing Class
- 雜耍 Juggling
- 壁球 Squash
- 魔術 Magic



視覺空間 Visual Space

- 3D 打印創作 3D Printing
- •藝術小精英 Master Art
- 創意樂高 LEGO
- 中國書畫 Chinese Painting and Calligraphy



自然 Nature

• 環保小先鋒 Environmental Ambassador

STEAM

- STEM 繽紛樂 FUN STEM
- 魔力橋 Rummikub
- 小小科學家 Little Sicentists
- 棋藝活動 Board game



音樂 Music

魔边橋Rummikub

- 夏威夷小結他 Ukulele 小提琴 Violin Drum Class
- 牧童笛 Recorder Class





團隊 Team

- 升旗隊 School Flag-guards
- •醒獅 Dancing Lion
- 愛·生命校園大使 Environmental Ambassador



升中表現

Student Performance Secondary School Places Allocation

2024/2025 升中派位喜訊 Congratulations to our P.6 Student that

87.5% 六年級同學獲派首志願學校 87.5% were allocated the first choice

(全港 85% 學生獲派首志願學校) (85% of students in Hong Kong were allocated the first choice)

100%獲派首三志願學校 100% were allocated the first 3 choices

(全港 95% 學生獲派首三志願學校) (95% of students in Hong Kong were allocated the fisrt 3 choices)

近年獲派 / 考取的中學 Names of se	condary schools allocated/admitted
皇仁書院	金文泰中學
Queen's College	Clementi Secondary School
拔萃男書院	聖士提反女子中學
Diocesan Boys' School	St. Stephen's Girls College
英華女學校	九龍真光女書院
Ying Wa Girls' School	True Light Girls' College
聖公會鄧肇堅中學 SKH Tang Shiu Kin Secondary School	港青基信書院 YMCA of Hong Kong Christian College
保祿六世書院	顯理中學
Pope Paul VI College	Henrietta Secondary School
高主教書院 Raimondi College	保良局馬錦明夫人章馥仙中學 PLK Mrs Ma Kam Ming- Cheung Fook Sien College







學生獎項 Student's Achievements

中文朗誦 (粵語獨誦) (Chinese Speech)(Solo-Cantonese)						
亞軍 1 st Runner-up	鍾可瑩	P.6				
季軍 2 nd Runner-up	陳敬諺、鄭緯達	P.5				
	鄭卓峯、賴禧活、林蔚蓓	P.2				
優良獎狀 Merit	龍一、王貝霖	P.3				
愛民突水 Ment	胡長駿	P.5				
	翎琪琪、林蔚喜、干豐	P.6				



香港學校音樂及朗誦協會

Will Property Hong Kong Schools Music and Speech Association 第七十六屆香港學校朗誦節 76th Hong Kong Schools Speech Festival

普通話朗誦	f(詩詞獨誦)(Chinese Speech) (Solo Ve	rse Speaking-Putonghua)	
P.2	陳信哲		
P.3	陳柏悅		
P.4	林俊朗、溫梓喬、趙箏	優良獎狀 Merit	
P.5	陳敬諺、鄭緯達、黃鈺堯、胡長駿		
P.6	張芷焓		

英文朗誦 (英詩獨誦) (English Speech) (Solo Verse Speaking)						
P.4	林俊朗	季軍 2nd Runner-up				
P.2	賴禧活、林蔚蓓					
P.3	陳柏悅、SUNG Su Yeon、 王貝霖、楊雨航					
P.4	陳頌恩、陳希雅、林晉	優良獎狀 Merit				
P.5	BUTT-GOW Paris Alexandra、 陳敬諺、鄭緯達、QUIROD Soffia Isabela					
P.6	王豐					



18th Hong Kong Mathematics Creative Problem Solving Competition for Primary Schools (Lantau District)

P.6

鄭皓俊、鍾可瑩、馬俊禧

優異獎 Merit

2025 香港小學數學精英選拔賽 Hong Kong Primary Mathematics Olympiad

數學競賽 Mathematics Olympiad

P.6

馬俊禧 三等獎 Third Prize



香港學校音樂及朗誦協會 Hong Kong Schools Music and Speech Association 第七十七屆香港學校音樂節 77th Hong Kong Schools Music Festival

一級鋼琴獨奏 Piano Solo-Grade 1

P.4

林俊朗

第三名(銀獎) 2ndRunner-up(Silver)

香港學界體育聯會大嶼山區小學分會 HKSSF Lantau Island Primary School Area 2024-2025 年度小學校際田徑比賽 Inter-Primary Schools Athletics Competition



	男子乙組 Boys B Grade					
	擲壘球 Softball Throw	P.5	呂敦皓	殿軍 3rd Runner-up		
	女子乙組 Girls B Grade					
	100 米	P.5	QUIROD Soffia Isabela	季軍 2ndRunner-up		
١	200 米	P.4	Ybanez Wallo Nicole	季軍 2ndRunner-up		
١	47 100 水拉力	P.4	Ybanez Wallo Nicole			
	4X 100 米接力 Relay	P.5	陳凱蕎、QUIROD Soffia Isabela、 VIDAL Zoe Christine Song-Lo	殿軍 3rd Runner-up		

2024-2025 年度全港校際體操比賽 All Hong Kong Inter-Schools Gymnastics Competition

女子丙組 Girls C Grade

P.2

范舒雯

優異獎 Merit

泰國 MOOSE GAME 體操邀請賽 2025 The BangKok Gymnastics Moose Games Invitational Meet

自由體操 Floor 平衡木 Beam

跳箱 Box Horse

P.2

范舒雯

金獎 Gold Award

高低槓 Bars

SS 亞洲體操俱樂部邀請賽 Asian Gymnastics Club Tournament 2025

自由體操 Floor	P.2 范舒雯		金獎 Gold Award	
平衡木 Beam				
跳箱 Box Horse		范舒雯		
高低槓 Bars		銀獎 Sliver Award		
女子 LEVEL1 團體 Girls Team			冠軍 Champion	

北京 Triple 體操邀請賽 Beijing Gymnastics Club Invitational 2025

	女子 WAG Level					
	自由體操 Floor			金獎 Gold Award		
	平衡木 Beam		范舒雯			
ı	跳箱 Box Horse	P.2				
	高低槓 Bars					
1	女子個人全能			第三名 2ndRunner-up		





第六十一屆學校舞蹈節 61st Schools Dance Festival

雙人舞 Duet	P.5	陳凱蕎	乙等獎
	P.6	林蔚熹	Commended Award
兒童舞	P.1	羅灝朗、羅芷浠、馬敏瑤、 譚希藍、曾頌兒	
	P.2	范舒雯、賴禧活、林蔚蓓	乙等獎
Children Dance	P.3	BUTT-GOW Venice Tiffany、 陳柏悅、林蔚澄、 梁梓瑩、佘芷悠、李天愛、 王貝霖、朱古道	Commended Award

屯門區第三十九屆舞蹈大賽 39th Tuen Mun District Dance Competition

	P.1	羅灝朗、羅芷浠、馬敏瑤、譚希藍、曾頌兒	
	P.2	范舒雯、賴禧活、林蔚蓓	
現代舞少年組	P.3	BUTT-GOW Venice Tiffany、陳柏悅、林蔚澄、梁梓瑩、 佘芷悠、李天愛、王貝霖、朱古道	
Contemporary Dance (Junior Group)	P.4	BLAS Ysabella Anicah Retirado、馬曉晴、 REYES Vivian Maier、YBANEZ Wallo Nicole	銀獎 Sliver Award
	P.5	BUTT-GOW Paris Alexandra、韓苡蕎、羅美茵、呂詠楠、 QUIROD Soffia Isabela、黃鈺堯	
	P.6	ARDALES Samantha Eunice Fajardo、鄭樂桐、鍾可瑩、鄧琪琪、 林蔚熹、王紫桐、張芷焓	

九十周年校慶香工盃 - 全港中小學雜耍比賽 Hong Kong Primary and Secondary School **Juggling Competition**

P.5	陳敬諺、鄭雅云、何依諾、姚紫悠	殿軍
P 6	豐工、	3rd

Runner-up



聯校盃 - 全港跳繩競速錦標賽 2025 (個人賽) Union Cup- Inter School Rope Skipping Championship(Individual)



男子組 Boys							
交叉開 Cross Open	P.4	林俊朗	亞軍 1st Runner-up				
女子組 Girls							
側擺敬禮 Side Swing Salute	P.6	鄧琪琪	冠軍 Champion				
交叉轉換 Criss Cross	P.6	黃喜兒	冠軍 Champion				
二重跳 Double Under	P.6	鄧琪琪	季軍 2nd Runner-up				
個人總成績 Individual Results	P.6	鄧琪琪	季軍 2nd Runner-up				

2025 年全港分區小學跳繩比賽(大嶼山區) Hong Kong Primary School Rope Skipping Competition (Lantau District)

男子高級組 Boys Senior				
ᅃᆂᄔ	P.6	楊鎧軒	冠軍 Champion	
單車步 Speed Step	P.4	田皓霆	亞軍 1st Runner-up	
5p 555, 555p	1.7.1		公由 ISt Knullet -nb	
後單車步	P.4	林俊朗		
Back Speed Steps	P.5	鄭緯達	冠軍 Champion	
	P.6	梁善洛		
* 177 BB DVV	P.5	吳嘉澧	冠軍 Champion	
交叉開跳 Cross Open	P.6	黃俊豪	亞軍 1st Runner-up	
J. 232 2 p. 2	P.4	張浩雲	季軍 2nd Runner-up	
後交叉開跳 Back Criss Cross Open	P.5	吳嘉澧	冠軍 Champion	
側擺交叉跳 Side Cross	P.5	胡長駿	冠軍 Champion 打破最佳紀錄 Break Record	
Side Cl 055	P.6	黃俊豪	季軍 2nd Runner-up	
後側擺 交叉跳 Back Side Cross	P.6	楊鎧軒	冠軍 Champion 打破最佳紀錄 Break Record	
	P.4	林俊朗	冠軍 Champion	
側擺開跳 Side Open	P.6	張浩森	冠軍 Champion 打破最佳紀錄 Break Record	
後側擺開跳 Back Side Open	P.5	胡長駿	冠軍 Champion 打破最佳紀錄 Break Record	
	P.4	阮逸斐	冠軍 Champion	
二重跳 Double Under	P.5	鄭緯達	冠軍 Champion 打破最佳紀錄 Break Record	
	P.6	梁善洛	冠軍 Champion	
跨下二式	P.4	阮逸斐	冠軍 Champion	
Toad Jump	P.6	張浩森	冠軍 Champion	
	P.4	林俊朗	冠軍 Champion	
四人大繩 Four Person Rope	P.5	鄭緯達 吳嘉澧	冠軍 Champion	
rour rerson Rope	P.6	天 茄 痘 黃俊豪	冠軍 Champion	
	P.4			
六下(明)丰庄叫		阮逸斐	冠軍 Champion	
交互繩速度跳 Double Dutch	P.5	胡長駿	冠軍 Champion	
Speed	P.6	張浩森 梁善洛 楊鎧軒	打破最佳紀錄 Break Record	
	P.4	張浩雲 林俊朗 田皓霆 阮逸斐		
男子組總成績 Team Results- Boys	P.5	鄭緯達 吳嘉澧 胡長駿	冠軍 Champion	
	P.6	張浩森 梁善洛 黃俊軒		

女子高級組 Girls Senior				
單車步	P.4	陳頌恩	冠軍 Champion	
Speed Step	P.5	陳凱蕎	亞軍 1st Runner-up	
後單車步 Back Speed Steps	P.6	鍾可瑩	冠軍 Champion 打破最佳紀錄 Break Record	
	P.4	陳頌恩	亞軍 1st Runner-up	
交叉開跳	P.6	張芷焓	亞軍 1st Runner-up	
Cross Open	P.5	呂詠楠	季軍 2nd Runner-up	
後交叉開跳 Back Criss Cross	P.6	鄧琪琪	冠軍 Champion	
Open	P.5	羅美茵	亞軍 1st Runner-up	
側擺交叉跳 Side Cross	P.6	張芷焓	冠軍 Champion	
後側擺 交叉跳 Back Side Cross	P.5	馮圲圲	冠軍 Champion	
	P.4	陳希雅	冠軍 Champion 打破最佳紀錄	
側擺開跳 Side Open	P.6	黃喜兒	Break Record	
	P.5	呂詠楠	亞軍 1st Runner-up	
後側擺開跳 Back Side Open	P.4	陳希雅	冠軍 Champion	
	P.5	陳凱蕎	冠軍 Champion 打破最佳紀錄 Break Record	
	P.6	黃喜兒	冠軍 Champion	
二重跳	P.6	鍾可瑩	冠軍 Champion	
Double Under	P.5	羅美茵	亞軍 1st Runner-up	
跨下二式 Toad Jump	P.6	鄧琪琪	冠軍 Champion 打破最佳紀錄 Break Record	
	P.4	陳頌恩		
四人大繩 Four Person Rope	P.5	馮圲圲 羅美茵 呂詠楠	冠軍 Champion	
	P.6	黃喜兒		
	P.4	陳希雅		
交互繩速度跳 Pouble Dutch	P.5	陳凱蕎	冠軍 Champion 打破最佳紀錄	
Double Dutch Speed	P.6	鍾可瑩 鄧琪琪 張芷焓	打板取任品級 Break Record	
	P.4	陳希雅 陳頌恩		
女子組總成績 Team Results- Girls	P.5	陳凱蕎 馮圲茵 羅美楠	亞軍 1st Runner-up	
	P.6	鍾可瑩 鄧琪琪 黃喜兒 張芷焓		



屈臣氏集團香港學生運動員獎 2024-2025 AS Watson Group Hong Kong Student Sports Awards

P.5

QUIROD Soffia Isabela





ARDALES Samantha Eunice Fajardo

教育局「邊學·邊畫」海洋公園繪畫比賽 EDB We Learn·We Draw" Ocean Park Drawing Competition

P.6

P.5 BUTT-GOW Paris Alexandra

優異獎 Merit



香港文創薈巴黎奧運繪畫及填色比賽(少年組)

HKCCI Paris Landscape Drawing and Coloring Competition (Junior)

季軍 2nd Runner-up

P.6 BACANI Rael Jacob

亞軍 1st Runner-up

「2025 灣仔速寫」 全港初中 / 小學繪畫比賽
"2025 Wan Chai Sketch" Hong Kong Joint School
Drawing Competition
(Junior secondary/ Upper Primary)

P.4	陳希雅	亞軍 1st Runner-up
P.5	鄭雅云	優異獎 Merit
P.6	BACANI Rael Jacob	慢共突 MCIT

道路安全日 • 巴士車身廣告設計比賽 Road Safety Day • Bus Body Advertising Design Competition

巴士乘客安全組 Bus Passenger Safety Group	P.3	王貝霖	冠軍 Champion
	P.3	陳柏悦、洪晉諾	優異獎 Merit
單車安全組 Bicycle safetyGroup	P.6	BACANI Rael Jacob	優異獎 Merit

「細看多元社區·共建和諧香港」 香港中小學生海報設計比賽 2024

"A Closer Look at a Diverse Community: Building a Harmonious Hong Kong" poster design competition

P.3

王貝霖

季軍 2nd Runner-up

OH MY ART 小學生創意美術比賽 2024(初小組)
OH MY ART Primary School Creative Art Competition
(Junior Group)

P.3

王貝霖

優異獎 Merit

「子女身心需關愛・家校同心齊灌溉」親子填色比賽 "Nurturing Children with Loving Care; Home and School, a Partnership We Share" Parent-child Colouring Competition

P.3

干貝霖

優異獎 Merit

2025 - 學童繪畫比賽 Bun Carnival 2025 - Student Drawing Competition

P.3	龍一	季軍 2nd Runner-up
P.1	沈逸朗	優異獎 Merit

「最後的祝福・最好的禮物」 心意卡設計比賽

"The Last Blessing. The Best Gift"
Greeting Card Design Competition

e"

P.3

王貝霖

季軍 2nd Runner-up

中華文化色彩之旅填色比賽 Chinese Cultural Color Journey Coloring Competition

P.3

王貝霖

優異獎 Merit



愉景灣沙灘獵蛋奇兵暨嘉年華 2025 全港澳幼稚園及小學生填色及繪畫比賽

Discovery Bay Easter Egg Hunt on the Beach cum Carnival 2025 –
Hong Kong and Macau Kindergarten and
Primary School Coloring & Drawing Competition

彩蛋探索家組 Easter Egg Explorer Group	P.1	沈逸朗	優異獎 Merit
彩蛋大師組 Easter Egg Master Group	P.3	王貝霖	優異獎 Merit

聖貞德中學主辦 STEAM 小學校際邀請賽 2024 STEAM Primary School Invitational Competition

快艇搶包山

Speedboat Bun Scrambling

P.6

張浩森、楊鎧軒

冠軍 Champion

黃俊豪

季軍 2nd Runner-up



P.2

賴禧活

P.3

陳柏悅、洪晉諾

亞軍 1st Runner-up





端午節創意 Scratch 編程大賽 2025 Coding Competition

P.6

馬俊禧

金獎 Gold Award